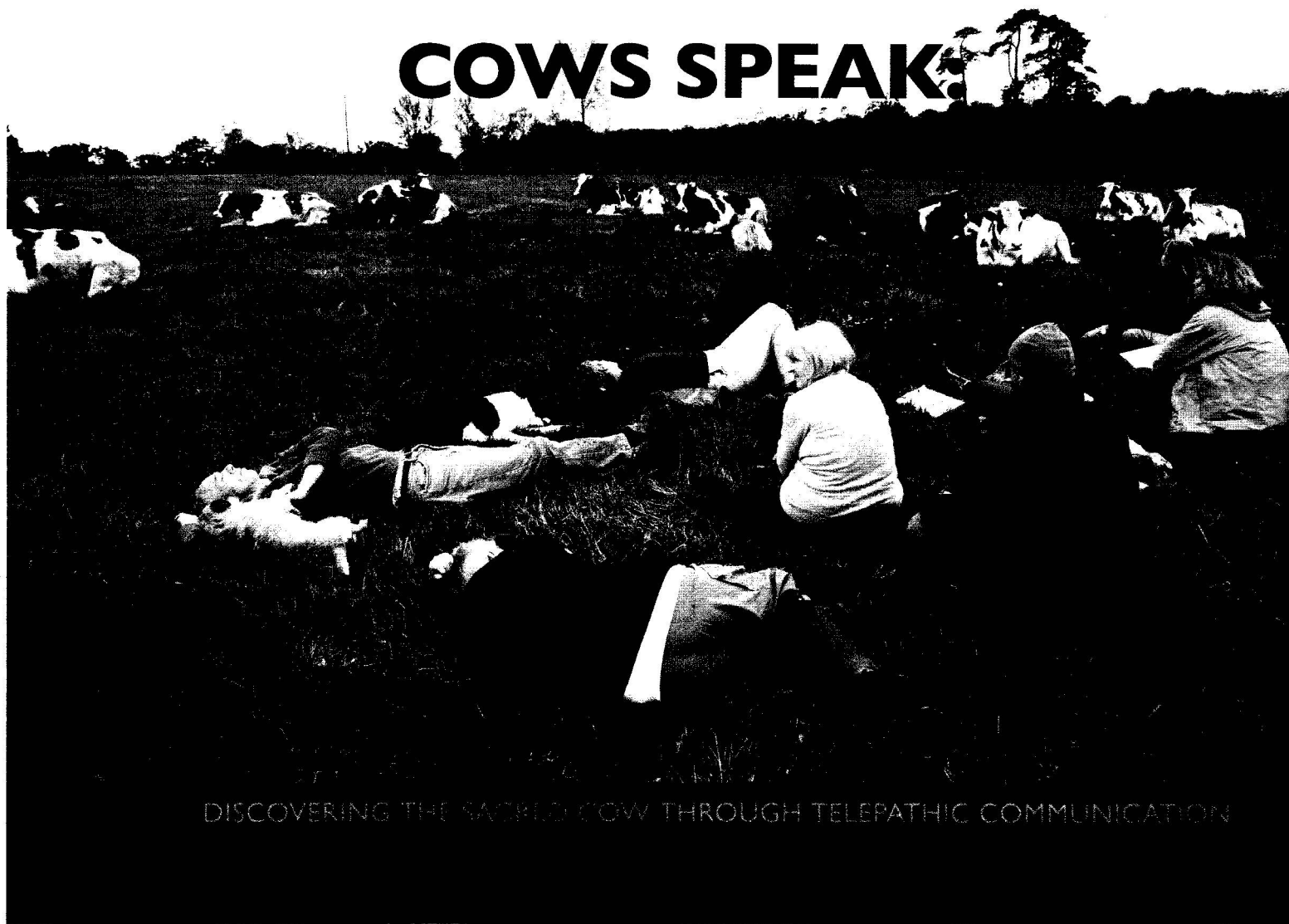


COWS SPEAK:



DISCOVERING THE SACRED COW THROUGH TELEPATHIC COMMUNICATION

*'The soul is the same in all living creatures,
although the body of each is different.'*

HIPPOCRATES

Something amazing is going on at Plaw Hatch Farm, on the edge of Ashdown Forest near Sharpthorne, West Sussex. This 200-acre community farm has been a certified biodynamic farm for the past 30 years. A mixed farm with dairy cattle, sheep, pigs and laying hens, 90 percent of what it produces, including raw milk, cheeses, yoghurt and cream and freshly grown organic fruit and veg, supplies the local community, and the rest goes to selected outlets further afield.

This initiative in itself would be enough to be proud of, but that is not what is so remarkable about this community farm. For that we must turn to the cows of Plaw Hatch. It is the cows that are truly special, because they have begun communicating with the farmer, Tom Ventham, and he in turn has learnt to understand and communicate with them too. Last month, Tom and I held a weekend workshop called Sacred Cow, which encompassed learning about biodynamic farming methods and communication with cattle.

BIODYNAMIC FARMING AND ANIMAL COMMUNICATION

I was first introduced to Tom back in 2010. The cows were being brought up for milking and Tom was following up behind. I stood the other side of the gate and within moments the cow at the front looked me straight in the face and I felt her connecting with me. All the cows have names and Tom can easily recognize them. I discovered this one was called Diamond. I felt her powerful presence and then her voice in my mind.

"Two", she said.

From looking at her size and realizing she was pregnant I thought she was telling me she was due in two days. Another cow at the back wished to communicate and I got the feeling this cow, Belladonna, was the gossip of the herd. Another, Belinda, gave me the feeling she was the boss; the matriarchal cow. Another gave me a sense of her meeker, shyer character.