



# Heart to heart

Ever wondered what's going on in your cat's mind? Pea Horsley is offering you the chance to find out. Here's what happened when she 'connected' with Nutmeg to see if she felt lonely.

Reader Judith Spelman, wanted to see if her cat Nutmeg is happy alone following the death of her companion.

Pea Horsley, a London-based animal communicator, was given Nutmeg's name, age and a couple of photos of Nutmeg to connect with.

Judith, of Sherborne, Dorset, says: "Nutmeg came to me when she was seven months old. She is an Asian variant with a Burmese father so extremely interested in everything that is going on. She loves people and whenever there is a knock on the door she rushes to see who is there. No other cat is allowed in the garden and when a sheep found its way through the fence she was furious! She crouched down and edged it out like a sheepdog.

"She is now seven years old and until April last year had the companionship of Bronte who then died aged 17. Nutmeg clearly missed her and I have been wondering if I should get another cat, but a bit doubtful because I wasn't sure how Nutmeg would react. After all, this is her house, and if she won't have another cat in the garden would she have one in the house?

Looking at the photos, Pea 'connected' with Nutmeg and came up with this character summary: "Nutmeg comes across as a wise cat, down-to-earth and straight talking. She says it like it is. She either likes it or hates it and will make this clear.

"She can be fierce, like a warrior and protector. She terrorizes the neighbourhood and is the one in charge. Nutmeg is also very agile and fast.

"She likes to lie across the top of things. She prefers height, and being on top of units. She hates being ignored and not recognized for the special cat she sees herself as being.

"Nutmeg is intolerant of 'fools' When I asked her who the fools were, she answered: 'Humans who are disrespectful, too loud, or uncontrollable.'

Happy that she had established a link with Nutmeg, Pea asked her Judith's questions.

**Q What makes you happy?**

'Having something to do.' Pea says:

"Nutmeg hates boredom and being on her own. She likes to play, interact, eat, sleep, and to be left alone (only when she wants). She does not like a lot of noise or fuss."

"Her replies are short and to the point because this is the essence of her character. She's clear on whether she likes something or not. No frills, no fuss – she just says it how it is."

**Q Do you still miss Bronte very much?**

'Yes, of course.'

Pea says: "This was said with the tone of... silly question! She has been feeling down since the loss of her cat friend, Bronte, of whom she commented: 'she was like a sister to me.'"

**Q Would you like us to have another cat?**

'Only if you want one, but I am really not bothered.' Pea adds: "I felt she was quite dismissive about introducing another cat."

**Q If yes, a grown-up cat or a kitten?**

'You decide... but not a kitten' came Nutmeg's emphasized reply for Judith. After some thought, Nutmeg said: 'A black one would be good – male.'

Pea concludes: "I felt that Judith was quite in tune with Nutmeg and really

I was just confirming a lot of what she already felt – like Nutmeg perhaps not wanting another cat and preferring the relationship to be just the two of them.

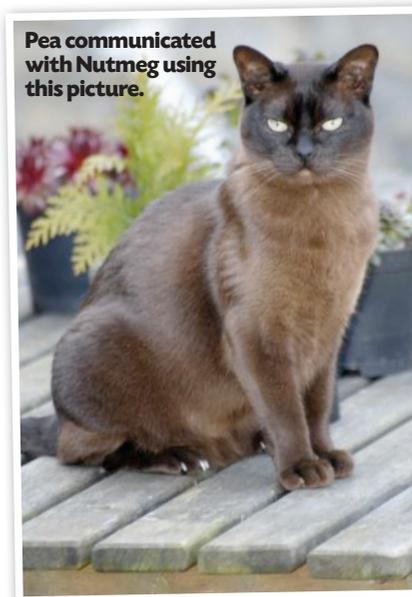
Judith says: "Nutmeg's answer [about

a companion] was not what I expected. Nutmeg was not bothered but told Pea it was alright with her if I got another cat but she would prefer a black male and not a kitten!

"Pea managed to get all sorts of information from Nutmeg that she could not have known. Nutmeg also told her we live in a barn-like house, which is true as it is an old, stone farmhouse.

"What came across strongly is that Nutmeg hates to be ignored and bored! Yes, she misses Bronte but she isn't desperate for another companion. And

she doesn't like fools or people who are disrespectful to her. Thinking of her behaviour with visitors, I can quite understand this!" ■



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Want to find out more about your cat? Think of something you'd like to know about him or her with questions that you would like to ask. Email your questions to [editorial@yourcat.co.uk](mailto:editorial@yourcat.co.uk) with 'Heart to heart' in the subject line, or write to us at the usual address (see page 3). For more information on Pea go to [www.animalthoughts.com](http://www.animalthoughts.com)

