

Special feature



**“We are all
born intuitive”**

In this exclusive interview with **Caroline Davis**, animal communicator and best-selling author Pea Horsley gives a fascinating insight into her extraordinary life and work

Work, or you could call it fate, brought me into contact with inter-species communicator Pea Horsley – an encounter I never thought I'd have, which included finding out what happened to my missing cat, Silver (see last issue).

I probably would never have got in touch with an animal communicator until my job took me on a journey beyond anything I'd experienced before. Yes, I sadly learned of Silver's fate – which I was grateful for – but it left me wanting to find out more about the world of animal communication.

If you can communicate with pets, both in the here and now and after death, then I wanted to find out how. And who better to ask than the person who gave me a greater understanding of animals and resolution for my missing pet: former theatre stage manager turned animal communicator Pea Horsley...

Caroline Davis: How long have you been able to communicate with animals? Did you always have this gift?

Pea Horsley: I don't think communication with animals is a gift for the few. I believe we all have the potential to communicate with animals because it's part of our ancestral birthright.

We are all born intuitive. It's only as we grow older and stop listening to our intuitive thoughts and feelings that we disconnect and shut down from this wonderful ability.

I used to be a sceptic and I didn't believe in life after death, so I was a long way from accepting anyone telling me animal communication was possible. That was until I experienced it myself.

I have been consciously communicating with animals since 2004, but I think, like many of us animal lovers, we are already communicating with our animals. We

understand their feelings and what they want or don't like. Animal communication as a modality, best known as sensory perception, takes these intuitive impressions a step deeper. Our awareness increases and we start to be able to perceive things that are less immediately obvious, and we're also able to ask questions and receive answers.

When I adopted my first dog, Morgan – until then I'd always been a huge cat lover – I received an email from the Mayhew Animal Home informing me of an animal communication workshop they were hosting. I went along, believing I would learn to read and understand my dog's body language, but very quickly realised that we were there to learn how to intuitively communicate with animals.

"What have I got myself into?" I thought. It took all of my willpower to stop myself from walking out. I was astonished, soaked head to foot in disbelief.

Then, in the afternoon, I experienced communicating with a stranger's rabbit, and its guardian communicated with my cat, Texas. It was that experience that conflicted with what I thought possible. How could she know? There were things that were 'right', and I couldn't help but question my sceptical beliefs.

CD: Are you able to define why and how you are able to communicate with both living and passed-over animals? Are you also able to do this with people?

PH: When I communicate with animals, I perceive electromagnetic energy, which I receive as sensations, emotions, thought forms or images. There is no difference in the method when communicating with an animal in physical form or without physical form.

The process is telepathy – Greek for distance-feeling or feeling across a distance. Animals have a unique signature frequency, as

people do. We all have our own frequency of energy that makes us unique. It's that unique frequency I'm connecting with.

I am actually connecting with their pure self, which we could call the soul; it is their consciousness. In death the consciousness of a sentient being moves out from the body back into its complete, whole existence again. We're working with animals in the same way we could perceive human beings who have transitioned. I am aware I'm able to do this, but it's not something I pursue because my vocation is with animals.

CD: How are animal communicators different from, say, healers?

PH: Very simply, healers are channelling universal energy to the subject they are healing. Animal communicators are logging on to the frequency of an animal and receiving energetic impressions as they pass through them.

CD: What drove you to give up a career as a West End company stage manager, to work full-time doing what you do now?

PH: When I attended my second animal communication workshop I had a feeling of 'knowing'. I realised, "This is what I'm meant to be doing. I'm meant to be an animal communicator." It resonated very strongly within me. It felt completely right. So, from that point on, I trained and worked on myself in order to make it happen.

I worked in theatre stage management for 15 years and loved my job. I really enjoyed collaborating with others during production week to get a show on. We worked under pressure and pulled together, bringing all the different elements of lighting, stage, actors, sound, video, direction, props, scene changes and so on, knowing that in a few days' time there would be an audience watching the first preview. This was the most challenging and exciting part of the process.

Later in my career, it was also the part where I had most to do. As the company stage manager, it became my responsibility to look after every element of the show. I always got a buzz from the live element; never knowing what unexpected things were going to happen – and they always did! – and how we'd all pull together to get through it.

My role as an animal communicator is my vocation. I embody it all of the time and there is no nine-to-five ethos. The reason it holds me is because I know I am making a difference. I am helping animals and people, and through my work I am helping people become consciously awake.

CD: It must be emotionally draining and upsetting at times. What keeps you going?

PH: Yes, it is emotionally draining and that element can be quite tiring. Of course, it's upsetting hearing what animals and their guardians are experiencing, and it needs an inner strength to hold a space for others without letting the situation overwhelm you.

It's a very grounded form of empathy. Unlike some other animal professions where people may disconnect emotionally in order to cope, I need to be connected and my heart open. I know how important it is that I am there for others in distress and this helps me remain calm and compassionate.

I also have an inner circle of friends, as well as my own team of animals, who are very supportive. Morgan is my greatest support and teacher.

CD: So is Morgan what communicators and healers call a 'guide'?

PH: Yes, Morgan is my guide – and my master teacher.

A guide is a being who is there to empower you; a being of unconditional love for you, who helps you evolve for your highest good. ➤



Pea's guide, Morgan, having a snooze.

CD: Reading your book, *The Animal Communicator's Guide Through Life, Loss and Love*, I was surprised to see two well-known holistic vets – Richard Allport and Tom Farrington – praising it. It's very brave of them to publicly support you, given the scepticism that 'alternative' vets face from the mainstream veterinary profession. Do vets consult, recommend or seek you out? What is their reaction to you?

PH: I am honoured that two highly respected vets have put their name behind animal communication. They are the pioneers of our time and brave to step out of the box and support a healing method that is little understood at present.

These men are my heroes and heroes to the animals.

A handful of vets will refer their clients to me if they feel they are unable to help but animal communication possibly could. It is not so common at the moment, but I am seeing progress because an increasing number of veterinary nurses and veterinary surgeons are attending my workshops. They tend to be holistic or alternative vets who specialise in acupuncture or homoeopathy, and some allopathic [conventional] vets are also open to experiencing animal communication for themselves.

My animals' own allopathic vet completely stunned me the other month by saying to me, "You have the best job in the world." I had no idea he felt that way.

CD: Do you get much scepticism from people? If so, how do you address this?

PH: Naturally, there is scepticism. In a similar way, people used to dismiss homoeopathy or acupuncture, but now it is more widely accepted because, over the years, it has made a positive difference for many people and animals.

Presently, people don't understand enough about animal communication; as a species we tend to make fun of anything we misunderstand or fear.

I remember being sceptical myself. There is the misconception that animal communication is like the *Doctor Doolittle* film, or mystical. Yet scientists are discovering that animals have

thoughts and feelings like us and this is filtering down through from biologists into mainstream press. For example, there are reports of dogs and elephants demonstrating grief, and cats being able to tell when a person in a care home is about to transition [die].

There is the case of two separate herds of wild South African elephants who walked miles across Zululand to reach the home of Lawrence Anthony the conservationist who had saved their lives. Both herds arrived at the family compound shortly after Anthony's death, even though they had not visited the house for a year or a half and it must have taken them about 12 hours to make the journey. They came to say goodbye to the man they love. Animals have a knowledge that goes beyond the limit of time and space.

I'm offering opportunities for people to engage with animal communication if they wish to explore it further. I think the only way a sceptical person will change their belief is, as I did, through personal experience.

CD: How important have you found it to be able to communicate animals' thoughts to people on life, loss and love?

PH: Many people have shared how helpful the book has been for them. They've read it while giving palliative care to their sick or elderly animal and found it gives them the strength to follow their programme of care.

Finding a genuine animal communicator

So, you want to find out what your pet is telling you, or you want to connect with a pet that's transitioned (passed over) – but where do you start, and who can you trust to provide a genuine service?

Pea Horsley says, "There is no accredited body for animal communication at the moment. However, you can start by contacting the Animal Communicator's Directory. This was created by Penelope Smith, who has been communicating since

1970. To be listed in the directory, everyone in it has to submit several testimonials from clients and detail their experience.

"It is not a recommendation service, but rather a point of reference for those looking for more experienced animal communicators who meet Penelope's criteria. There are, of course, many good animal communicators who choose not to be listed there as well.

"I feel someone genuine is transparent,

explains the process clearly, states the price in advance, and offers a no-quibble money-back guarantee. They would also explain how long they've been communicating, whether full-time or not, and offer client testimonials plus any other relevant experience. When possible it is a very good idea to go with a recommendation from people you know, who have experienced such a service, or from your own vet and/or alternative therapies practitioner."

- Contacting an animal communicator is not for everyone. Some may find the information revealed to be extremely upsetting, so think very carefully before going down this route.

They've read it before their animal has transitioned and felt calmer and inspired to provide a beautiful departure. They've read it after their animal has transitioned and taken comfort from hearing animals explain that their life continues to exist and they will always love us.

The messages the animals share through the book empower people on many levels and they ease the grieving process, offering peace of mind.

CD: I think most pet owners would want to know how their animals are feeling, especially when they are poorly or near to death. How can they learn to communicate better with them in order to learn how to do things better?

PH: In order to connect with an animal, first we have to bring ourselves into the present moment and quiet the mind. This can be achieved by bringing all of our attention to our breath. Slowing our breath can also help us to relax our body and mind.

Then we need to connect with our love of animals and send an intention of love to them, which we can imagine landing in their energy space or visualising it as a beam of light from our heart to their heart.

It's important to note that every communication comes from the heart on a basis of unconditional love. This means to understand your animal, not criticise or change their behaviour.

I like to send the intention that I wish to communicate with them. Animals don't always want to communicate with us; they may prefer to rest, play or might not feel in the mood. There are ways to ask questions so that the emotion and pictures behind the question are easily understood and this can take a bit of practice.

I always suggest people attend at least one animal communication workshop to learn the method, enter into exercises and meditations that will help their communication and to be within a group of like-minded animal lovers. This is the most productive learning experience.

CD: When is the right time for owners to let their pets go, and how should they go about this – let the pet die naturally or have an assisted death (euthanasia)?

PH: This depends very much on the individual animal and how they feel physically and emotionally.

Are they ready to transition? Is their pain or discomfort too much? Is the body weak but the spirit willing? Do they want a little longer, or do they want your assistance to transition? Would they prefer to transition all by themselves? Do they request to say goodbye to friends? To have a life celebration party before they go? Do they wish for music? Candles? To be at home, inside or outside?

I understand that there are vets who sedate an animal before injecting the lethal injection because they understand it is gentle on the animal. By asking our vet about assisted transition in advance, we know what's going to happen, so, on the actual day, we can put all of our focus on the animal.

Some animals wish for palliative care at home because they love life and want to stay with their family as long as possible.

CD: Grief from pet loss can be debilitating, even fatal (one lady recently committed suicide after losing her beloved horse). How can owners help themselves to come to terms with their loss?

PH: Grief is a very powerful emotion and for this reason I have written a resources section in the back of my book on animal loss and grief, with suggestions on ways people can help themselves in the grieving process.

Grieving is a vital expression of the depth of our love for an animal and it's something we have to experience to be able to fully heal after the loss. If people are really struggling, I'd suggest the help of a professional animal grief counsellor. More and more people are training in this field, understanding the need for people to have their grief heard.

What vets say...

Tom Farrington MVB MRCVS VetMFHom runs a holistic veterinary practice in Rosscarbery, Co Cork, and specialises in homoeopathy for pets and people. He first became aware of Pea when he attended one of her workshops.



A client of mine owned a beautiful yellow Labrador called Geneviève, whom I got to know well throughout her long and very happy life. Geneviève had a long period of passing, which she handled very stoically, and I put her owner in touch with Pea, as I felt she could help them both.

One day I got a communication from Geneviève that she needed to see me urgently. I had tried to find their house while out on other calls, but was unable to do so and could not contact them, as their phone was engaged, so I headed home – only to get a call from her owner, Jennifer, that Geneviève was asking for me! Although terminally ill, she hung on until I could get there – despite that not being possible immediately.

During that final exchange with Geneviève she made it clear energetically that she was pleased to see me, but wanted to pass on her terms. She had always been a very gentle dog and, aided by what I had learned about communication, I got the message she did not want help to pass, and yet, as a veterinarian, I felt 'obliged' to help and wanted to give her a drip and possibly help her transition.

In a highly uncharacteristic way, Geneviève snapped at me when I attempted to attach the drip, then went back to her mild gentle manner when I desisted. It seemed she simply wanted me near her at that time, reminding me at an energetic level that this was what she wanted – difficult as it was for me to accept. She was content and peaceful as I simply sat beside her.

About an hour after I left, I had the feeling of a disc-like energetic object like a shield being passed to me. I looked at my watch; it was 4pm. A while later, Jennifer rang to tell me the sad news that Geneviève had passed away peacefully a short time after I had left. The time – 4pm.

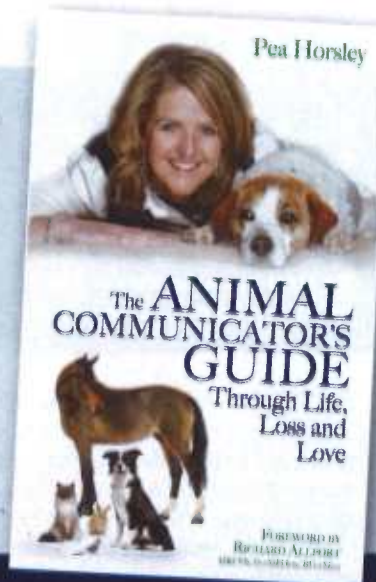
You can read the full story of Geneviève in *The Animal Communicator's Guide Through Life, Loss and Love*.



Special feature

Read all about it...

The Animal Communicator's Guide Through Life, Loss and Love by Pea Horsley, published by Hay House UK (£10.99; ISBN 9 781781 803349), and her first book *Heart to Heart*, published by Harper Collins (£6.99; ISBN 9 780007 326600), are available to buy from bookshops and online.



Useful contacts

- Pea Horsley www.animalthoughts.com 020 8696 9121
- The Animal Communicator's Directory www.animaltalk.net
- The Natural Medicine Centre www.naturalmedicinecentre.co.uk 01707 662058
- Homeopathy for Pets & People <https://sites.google.com/site/larringtonvet/home> 353 23 894 8811

Much of society does not recognise that grief for an animal is as meaningful as grief for a human. Some people find comfort in seeking a communication with their animal who has transitioned. Many of the people I help with their animal before transition will seek another consultation after they have transitioned to express their continued love to them and to ask if they are OK. During these consultations animals can express beautiful messages as well as guidance. They also express some details that can be verified to reassure the guardian that it is truly them communicating.

CD: Who seeks your help? And are there ever any that you sense are not genuine?

PH: I help men and women from all walks of life: dentists, teachers, administrators, oil workers, CEOs, designers, book-keepers, accountants, technicians, builders, therapists, housewives, doctors, psychotherapists, and, of course, people already working with animals, such as vets, vet nurses, animal rescue staff, trainers, healers, breeders, zoo keepers, acupuncturists, homoeopaths, body workers and so forth.

If a person loves animals, they seek help; it makes no difference what their profession happens to be. And everyone is genuine in either their belief or their scepticism. I do my best for everyone who seeks my help.

CD: Do you ever find that some people consider you to be their last hope?

PH: People do have hope that animal communication will help them where other professionals or methods have failed. They are willing to try whatever they can in order to help their animal, just like I did when I felt that Morgan was sad and I wanted to understand why he was feeling that way. It was my desire to help him that drew me to animal communication.

One example is when a Jack Russell called Marmite went missing. His guardian searched for him for a week, presuming he'd got stuck down a hole in the adjacent sand quarry where he liked to go rabbiting.

She'd searched with her family and friends, used search dogs, used diggers and hired a thermal imaging kit. At the end of seven days, she rang me. From the communication, Marmite's guardian was able to locate him within one hour of

our call, going on the detailed impressions he'd shared via me to her. He had been stuck down a 10-foot disused canal shaft over a mile away from their home. They both lived 100 miles away from me and I was working from a photo of Marmite.

Another example concerns a cat called BeBe Begonia. His guardian had been told he had a fatal and irreversible condition, and he'd die an agonising death if he wasn't put to sleep. She'd contacted me to ask BeBe if he understood how sick he was, whether he wanted her to aid his death, or whether he wanted to go through the entire process on his own. And how would she know when he was ready?

BeBe Begonia communicated, "Now is not the time. Not until later." BeBe's guardian had also felt it was the wrong time for BeBe and decided to trust her feelings that this was the wrong decision, holding on to give him more time. In just 11 days his condition reversed all by itself. Within two more weeks he was off most of his medication and making a great recovery. He continued to live a quality life for another 12 months.

CD: How do you feel when you connect with an animal for someone? Are there times when you cannot connect?

PH: I feel responsibility, of course, because I want to be a clear and true bridge between a guardian and their animal.

Very occasionally I am unable to connect with an animal; sometimes I feel I am not the right person for the guardian or animal. Maybe we're not resonating and I feel it's not going to work out. In these cases I may refer them to someone else. There are times when the animal feels the guardian isn't ready and they don't wish to communicate.

CD: What have been your most enlightening moments?

PH: I don't know where to start. Every time I connect with an animal, I am humbled by how much they wish to help their guardian, or if they are teaching at one of my

workshops, how much they wish to help me and the students, or if they are wild animals, how much they wish to teach and help people to live from love.

People touch me too because of the experiences they are going through, the very personal things they share, and how dedicated they are to the animals. Humans and non-human animals are inspiring.

CD: Are there any times when you wish you did not have this gift?

PH: No. There was a moment when I was still grieving after Morgan's transition when I questioned if I could do the work without his physically present support, but I knew I would be letting him down if I didn't continue with what we had started.

CD: How many animals and people have you helped? Which has been the most memorable so far?

PH: This is such a hard question! There are so many memorable ones. When I know I've helped save an animal's life through communication, or located an animal who would otherwise have died, these are very memorable.

When communication has helped the animal have their wishes carried out, these are memorable too. I've also been able to help people have closure when missing animals have died.

CD: How long will you carry on communicating and what would you say to non-believers?

PH: At the moment, I don't see myself ever stopping what I do and for those who are sceptical of animal communication, I say, "Don't take my word for it; experience it for yourself." ●

About the author



Caroline Davis is a writer, author and journalist. She lives in rural Lincolnshire with her

partner and a menagerie of dogs and cats.